

Donegal vs LC

April 30, 2007

Conditions: 70's windy

Location: Lancaster Catholic HS

Shot Put

3 Hoffmaster	27 4.25
Sommers	26 11.5*
Hollinger	22 7.25
Book	19 10
Embly	18 5.75
Kreiser	20 2*

Javelin

2 B Martin	95 1*
Hoffmaster	66 4
Hollinger	66 *
Kreiser	47 9*
Book	46
Embly	40 11

Discus

Hoffmaster	70 5
Sommers	53 5
Hollinger	66 10*
Book	59 1
Embly	55 11*
Kreiser	47 2

100 Meters

2 Kt Rice	12.7*^^
3 T Spence	12.9*\$\$
Kr Rice	13.6
Meshey	13.8*
Mackley	15.0*
Springer, A	15.1*
Hockenberry	15.1*
Franklin	15.8

^^ # 2 on the Donegal Honor Roll

\$\$ # 6 on the Donegal Honor Roll

and ties Freshman record

200 Meters

2 Spence	27.4
3 KT Rice	27.9*
KR Rice	29.2*
Meshey	29.9
A Springer	32.8
Khuu	33.1
Hockenberry	34.2
Hollister	35.3
C Keener	35.9*

400 Meters

1 Ensminger	64.7
Neely	70.6
Khuu	78.7
Hollister	82.4
C Keener	85.8

4 x 100 Meters

Spence	
Ruhl	
Rice, Kr	
KT Rice	53.6*

110 Meter Hurdles

3 Diffenderfer	18.2*
Pelton	<u>19.1*</u>

300 Meter Hurdles

3 B Martin	52.1
Diffenderfer	55.3
Pelton	56.1
Mackley	61.3*

4 x 800 Meters

Neely	2:48.7
McDonald	2:33.6
Keener	2:41.4
Martin, R	2:32.5
	10:36.2*

800 Meters

1 Martin, R	2:29.5*^^
2 Kenner	2:38.3*
Munck	2:53.5*
Sadler	3:08.4

^^# 8 all time top 10 Donegal Honor roll

1600 Meters

1 McDonald	5:31.2***
Sadler	6:55.9
**New freshman record	

Long Jump

3200 Meters

1 McDonald	13:55.8
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High Jump

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Pole Vault

1 Spoonhour 8 3

Triple Jump

4 x 400 Meters

1 Ensminger	63.5
Spoonhour	67.5
Neely	68.1
T Spence	62.8
	4:21.6

Outstanding Performances

Katie Rice- 2 PR's, and yeah, 2nd fast 100 in school history

Jenna Spoonhour- over 8 feet for the 1st time this year.

Jenna Hollinger- 2PR's!!!

Steph Kreiser- 2PR's!!!

Girl's 800- big PR's for Roanna, Steph, and Merrit

Athlete Of the Meet

Tori Spence- Tori has been a great addition to the team this year. Monday she tied the freshman record in the 100 and also made it to #5 on the Donegal Honor Roll. Tori also won the 200 and was apart of the winning 4x400.

Score

LC 88 Donegal 62

section 3-2

overall 3-5

Next meet Friday at Battle for the Bridge- Bus Time 3:15