

Donegal at Elizabethtown  
April 2, 2009

Conditions: mostly sunny, upper 50s

Location: Elizabethtown High School

<u>Shot Put</u>		<u>Javelin</u>		<u>Discus</u>	
2 Carr	40 10.75*	2 Brumfield	130 1	1 Robertson	124 10*
3 Robertson	37 2.75*	3 Pappas	128 7*	2 Aument	124 6
Villacorta	33 4.5*	Frey	117 9	Brosius	108 2*
Aument	33 3.75	Thomas	112 2	Villacorta	94 8
Brosius	33 2.5*			Carr	84 6
Boyer	33 11.5*			Cortez	78 4*
Cortez	28 3.5+			Boyer	49 6*
<u>100 Meters</u>		<u>200 Meters</u>		<u>400 Meters</u>	
Moran	11.9	J Martin	25.7	3 Krady	56.1*
Sopko	12.0*	M Spence	25.9*	Sager	57.3*
Arnold	12.3	Hall	25.9*	E Keener	59.1*
Pappas	13.0	Sager	27.4	Fellenbaum	63.1*
Grab	13.2				
Fellenbaum	13.2*	<u>Pole Vault</u>		<u>4 x 100 Meters</u>	
Bundy	13.6	3 Keener	9 0*	J Martin	
C Barger	13.9*	Farr	9 0*	Krady	
		Dietrich	9 0	Arnold	
				Moran	47.6DQ
<u>110 Meter Hurdles</u>		<u>300 Meter Hurdles</u>		<u>4 x 800 Meters</u>	
2 Thomas	18.7*	3 W Frey	48.7*	P Martin	2:17.2
Dietrich	20.5*			Spoonhour	2:04.0
				R Frey	2:19.0
<u>800 Meters</u>		<u>Long Jump</u>		Wert	2:24.9
Wert	2:21.9	1 Brumfield	18 2		9:05.2
P Martin	2:22.5	Buckwalter	17 6.5*	<u>Triple Jump</u>	
Weller	2:42.5*	3 Johnson	16 4.5*	2 Brumfield	37 6*
		McNiff	16 4	3 McNiff	35 9
		Thomas	16 4	Thomas	35 4
		Dietrich	14 11*	Krizner	33 6*
<u>3200 Meters</u>		Kirwin	14 11	Kearney	31 11*
2 R Frey	11:19.3*	Schweers	13 3*		
3 McNamee	12:07.0	Bundy	12 7		
Foehlinger	13:28.9	Krizner	FOUL		
		Kearney	FOUL		

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<u>1600 Meters</u>		<u>High Jump</u>		<u>4 x 400 Meters</u>	
1 Spoonhour	4:48.7	3 Brumfield	5 6*	Sopko	55.7
McNamee	5:24.1	McNiff	5 0	Hall	60.0
Foehlinger	5:52.9	Kirwin	NH	W Frey	61.0
Weller	5:53.6*			Johnson	60.6
					3:58.2

Outstanding Performances

Mike Robertson- won his 1st ever event in the Disc today

Carr, Pappas, Brosius- big PR's in the throws

Wes Frey- huge Pr in 300 hurdles

3 pole vaulters at 9 feet!!!!

Athlete Of the Meet

Devon Brumfield- Wow, what a statement and what a day for Devon. With a 1st, 2 seconds, and a third, and 2 PR's, Devon scored over 1/4 of the teams total points. The 5' 6" jump in HJ was also an incredible feat. His ability to perform now gives us a fighting chance in every meet in the jumps, and his leadership with strengthen the entire jump squad. Great Job!!

<u>Score</u>	<u>Section Record</u>	<u>Over All Record</u>
<u>ET 108 Don 42</u>	1-0	1-1

Coach's Comments

I think Monday, Tuesday and Wednesday were a little tougher workout days than I realized. We were a little flat today. Yet despite that, and it only being our second meet, there were some great individual performances. I can't believe Devon Brumfield performed as well as he did being a little flat. He has really stepped up his game this year, and taken on the responsibility and pressure as a leader, and set a positive attitude and mind set for the rest of the jumpers.

Let's follow his example and step up our game. We have a lot more talent than we have shown, and after some rest we will begin to pop great performances. I am so ready for our section schedule and big invite schedule. It is going to be a lot of fun. And in 5 1/2 weeks, when leagues rolls around, we will have a lot of proud and excited young men thrilled about their performances.

So let the the downhill part of the rollercoaster begin, and have fun. The major work load is over, but continue to do the little things that champions do to be the champions they are when it counts. Let's go beat Northern Lebanon!!!!

**Next Meet: Saturday, White Rose Invite  
Monday, Northern Lebanon**