

Meet: ELCO

Date: March 24, 2025

Weather Conditions: mid 50's, partly cloudy,

Location: ELCO

Shot Put

1	Aiyanna Lambert	28-6
	Ella Watson	23-1.5
	Alisha Boswell	22-4.5
	Arabella Runion	22-11.5
	Rose Zurin	22-1.5
	Aubrey Fry	20-6
	Brooke Farley	19-11
	Bella Perez	19-1

Discus

2	Aiyanna Lambert	83-3
3	Arabella Runion	74-8
	Rose Zurin	65-10
	Aubrey Fry	58-9.5
	Bella Perez	56-5
	Brooke Farley	44-4

Javelin

3	Aspen Jones	72-2.5
	Emily Slobozien	68-7.5
	Aubrie Fry	68-7
	Bella Messina	68-2
	Brooke Farley	60-0
	Rose Zurin	54-2
	Alisha Boswell	48-10.5
	Greta Snyder	46-9

100 Meters

1	Jayanna Morant	12.9
t3	Susan Akinrinwoye	13.8
	Miriam Shaker	13.9
	Natalee Nikolaus	13.9
	Peyton Mansfield	14.1

200 Meters

1	Jayanna Morant	27.7
3	Susan Akinrinwoye	29.4
	Natalee Nikolaus	29.9
	Ava Arroyo	30.8

400 Meters

1	Miriam Shaker	65.0
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110 Meter Hurdles

2	Addison Houck	18.1
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4 x 100 Meters

Jayanna Morant
Natalee Nikolaus
Peyton Mansfield
Susan Akinrinwoye 54.0

4 x 400 Meters A

Abbie Ballard	74.4
Molly Myers	61.5
Abbie Nissly	70.4
Kathryn Fernald	69.5
	4:35.8

4 x 800 Meters

1	Abbie Ballard	2:49.5
	Kathryn Fernald	2:48.0
	Olivia Herman	2:56.4
	Abbie Nissly	2:40.0
		11:15.7

800 Meters

1	Molly Myers	2:34.0
3	Olivia Herman	2:52.7
	Lucy Angeles	3:07.3
	Isabella Cooke	3:27.4

300 Meter Hurdles

Addison Houck	59.4
Abbie Nissly	63.3
Kaylan Shellenberg	73.3

High Jump

Kalyn Cornelius	4-2
Bella Messina	3-10
Allie Hess	3-10
Ahna Wienhold	3-10

1600 Meters

1	Molly Myers	5:48.4
2	Kathryn Fernald	5:50.0
3	Abbie Ballard	6:11.0
	Isabella Brandt	7:27.8

3200 Meters

1	Kathryn Fernald	12:56.0
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Triple Jump

Madysen Derr	28-10
Addison Houck	27-4.5

Long Jump

Susan Akinrinwoye	14-9
Ahna Wienhold	13-3
Greta Snyder	13-11.25

<u>Pole Vault</u>		Emily Slobozien	27-10	Ava Arroyo	12-3
T3	Emily Slobozien	5-6	Aspen Jones	27-1	Peyton Mansfield 12-11.75
	Emma Miller	5-6	Karina Rosario	26-4.5	Emma Miller 12-0
	Ahna Wienhold	5-0	Bella Messina	23-5	Reagan Bechtold 11-2
	Madysen Derr	NH	Kaylan Shellenberg	21-3	Karina Rosario 11-10.25

### Athlete of the Meet

Jayanna Morant- Hey it was her birthday and she won the 100m and 200m!

### Rookie of the Meet

Susan Akinrinwoye- 3rd in the 200m and our top Long Jumper

### Outstanding Performances

Aiyanna- won disc and was 2nd in shot with huge PR!

Aspen was 3rd in Javelin, 1st time scoring in JAV

Molly won the 1600 and 800, then threw down a 61.5 400 in the 1600m relay

Mariam- freshman that won the 400m!

### Score

ELCO 94 Donegal 55

### Section Record

0-1

### Over-All Record

0-1

### Coaches' Comments

There were many great things that I saw at ELCO. Sportsmanship, gritty competitive attitudes, and much encouragement. ELCO is a great team in the field, but we will need everyone to step it up at the next meet to be competitive. Focus on improvement and growth, what do you need to do to get better? Is it the warm up, mental game, meet day prep, or technique? If you want to reach your full potential, you have to lock in on all of them. Continue to work hard for improvement and push each other to be their best.